

# Hair and Beauty



## BODY TREATMENTS

**ROOM: A016 Tue, Thurs 12:30 - 3pm** CBT4.008

### Purpose:

This course aims to provide students with the ability to competently perform 'Partial' and/or 'Full Body' tan applications, to gain knowledge of preparing the skin for a spray tan, and the products applied to the skin before, during and after a tan service. Students will be able to advise clients on 'at home' spray tanning maintenance.

Students will also learn the skills and knowledge required to competently perform body massage.

### Learning outcomes:

On successful completion of this course the student will be able to:

NO	LEARNING OUTCOME
1	Perform spray tan application.
2	Identify indications and contra-indications to spray tanning.
3	Perform client consultation.
4	Demonstrate use of exfoliation and manual tanning products.
5	Provide home care recommendations.
6	Perform a massage of the body.

### Assessment requirements:

LOCAL UNIT NO.	TITLE	ASSESSMENT TASKS				
		Assignment	Completed Workbook	Test	Practical	Other Specify
CBT025	Spray tanning				✓	
CBT026	Body massage				✓	

# DEPILATION

**ROOM: A016 Wed 3.30 – 8pm, Thurs 9 - 12pm** CBT4.007

## Purpose:

This course aims to provide students with the skills and knowledge to competently perform depilatory waxing services.

## Learning outcomes:

On successful completion of this course the student will be able to:

NO	LEARNING OUTCOME
1	Demonstrate knowledge of contra-indications to depilatory services.
2	Perform client consultation for wax service.
3	Perform depilation services using hot wax and strip wax methods.

## Assessment requirements:

LOCAL UNIT NO.	TITLE	ASSESSMENT TASKS				
		Assignment	Completed workbook	Test	Practical	Evidence book
CBT020	Hair removal			✓	✓	✓

# NUTRITION & NAILS

**ROOM: A016 Mon & Thu 6pm – 8pm (Term 3)** CBT4.003

## Purpose:

This course provides students with the knowledge of natural nail services, products and tools to meet client's needs and industry standards. They will also have the knowledge of nutritional advice specific to the health of hair, skin and nails.

## Learning outcomes:

On successful completion of this course the student will be able to:

NO	LEARNING OUTCOME
1	Perform a manicure, pedicure and gel nail service.
2	Demonstrate knowledge and use of tools, equipment and products.
3	Provide nutrition advice for skin, hair and nails.
4	Demonstrate knowledge of the values of nutrition.

## Assessment requirements:

LOCAL UNIT NO.	UNIT TITLE	ASSESSMENT TASKS				
		Assignment	Completed workbook	Test	Practical	Other Specify
CBT010	Nail services				✓	
CBT011	Tools, equipment and products			✓	✓	
CBT012	Nutritional information	✓				