



Trauma Informed Care (Micro-credential)



Domestic Fees

\$996.00



Intakes

08/09/2025



Campus

Online (with 2 one-day workshops on campus)



witt.ac.nz



About this course

This eight-week micro-credential includes 150 hours of learning, with an estimated commitment of 15 hours per week.

Designed for professionals, this course enhances your proficiency in Trauma-Informed Care, equipping you with the principles, knowledge, and practical skills to support people with multi-dimensional experiences of trauma— while also considering the well-being of their whānau.

This Level 7 course challenges perspectives, deepens understanding, and strengthens professional practice. You'll gain insights into trauma-informed approaches that honour people's experiences, empower resilience, and promote well-being—both for those you work with and for yourself.

With expert guidance and academic support you'll develop the tools to embed trauma-informed care into your everyday work as you gain a holistic understanding that includes the impact of trauma from a historical and intergenerational perspective in Aotearoa.

Join us in transforming practice through knowledge, empathy, and action.

Enrol now or get in touch for more details:

Tara Malone – T.Malone@witt.ac.nz

What You'll Gain

Comprehensive Understanding of Trauma –

Critically analyse the widespread impact of multidimensional trauma on individuals, considering their physical, emotional, psychological, and social well-being.

Evidence-Based Decision Making – Utilise a range of in-depth sciences to inform clinical judgement and decision-making, applying a trauma-informed approach in your professional practice.

Reflective & Safe Practice – Critically examine and

reflect on your own practice and knowledge to deliver trauma-informed care across health, social services, education, and justice sectors—while also ensuring your own well-being.

Intake Dates

This is an eight week course delivered online with two full-day, face to face workshops on Friday the 12th of September and the 31st of October. Starting at 9am. Course is eight weeks long plus a two-week study break.

Study delivery	Dates
Weekly online classes	Starts Monday 8 September
Face to face workshops	12 September and 31 October 2025