



New Zealand Certificate in Health & Wellbeing (Level 3) Health Assistant Strand



Domestic Fees

\$2,494.00



Intakes

20/07/2026



Campus

New Plymouth



Duration

19 weeks full-time



witt.ac.nz



New Zealand Certificate in Health and Wellbeing (Level 3) Health Assistant Strand

This 19 week programme is perfect for:

- Those who want to enter the care-giving sector eg: aged care facilities, hospitals, Doctor's surgeries and in-home care.
- Those already working in the sector and want to gain formal qualifications to validate their practice.

This programme involves:

- On-campus learning on Tuesday's and Wednesday's
- 124 hours of clinical practice. For those working in the sector, their clinical placement can be their place of employment.

Graduates of the Health Assistance strand will also be able to:

- provide person-centred care under the direction and delegation of a health professional.
- recognise and respond to change

Courses

CHW3.001

Introduction to Person-Centred Support

The purpose of the course is to introduce the learner to person-centred care in the health and wellness industry as well as developing independent learning skills.

CHW3.002

Developing Person-Centred Support

The purpose of this course is to deepen the learner's knowledge and skills of person-centred care in the health and wellness industry as well as developing independent learning skills.

CHW3.003

Introduction to Health Assistant Role

The purpose of the course is to introduce the learner to the role of Health Assistant of person-centred care in the health and wellness industry as well as developing independent learning skills.

CHW3.004

Developing the Health Assistant Role

The purpose of the course is to develop the learner in the role of Health Assistant of person-centred care in the health and wellness industry as well as demonstrating independent learning skills.

Entry Requirements

- Open entry

Regulatory requirements may apply.

Applicants whose first language is not English, or who come from a country where the language of instruction in schools or other teaching institutions is not English, are required to provide evidence of having passed such tests of English language competence as detailed in Policy and Procedure English Language Proficiency.

Required forms

Note: when you apply **please make sure to complete an application before submitting these forms.**

[Additional Information Required](#)

[Police Vetting Form](#) (External link. Note that this form will have to be emailed, or printed out and handed in to reception staff)

Special Admission Criteria

- Criminal, Disciplinary and Health form declaration

You will learn to:

- Apply knowledge of relevant legislation, regulations and codes in a health and wellbeing setting to provide health and wellbeing services in an ethical and professional manner.
- Recognise and respond to signs of vulnerability and abuse in a health or wellbeing setting.
- Communicate effectively in a culturally appropriate manner to support a person's health or wellbeing.
- Provide culturally appropriate person-centred care under the direction and delegation of a health professional.
- Recognise and respond to signs of functional, behavioural, environmental or other health or wellbeing change in a person, in a health or wellbeing setting.

Programme Specific Information

Work placement components

Students are required to complete 124 hours in work placement throughout the duration of the programme. Competency for many of the programme's assessments will typically be demonstrated in a workplace environment.

To pass each course, the work placement component must have been met.

Further study options

Healthcare graduates can work towards entry into the Diploma of Enrolled Nursing programme and Bachelor of Nursing.

Career Options

Graduates of the Health Assistance programme may be employed as Healthcare Assistants in a range of contexts including Acute Care, Primary Care, Aged Residential Care and Therapeutic Programmes.